

soul friends

brought to you by your friends at Anam Campus

Fall
2021



Give Thanks

Thankful
grato

agradecido
tacksam

reconnaissance
dankbar

Our Anam Family is truly Thankful!

Phyllis	For my family
Connie	Everything
Don	My Health
Helen	For those who care for my concerns and needs
Megan	My health, my family, my opportunities
Lillian	my daughters, who visit me often
Mary Ann	The money I have to care for my needs
Sally	Family
Roger	For 55 years of marriage with my wife, Rogene
Sylvia	The sacrifices of my mom "when we are grateful, our life is better"
Juanita	My family
Mike	Cooler weather

Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.

Oprah Winfrey.

Continued from cover...

Agnes	New friends
Ken	A healthy life
Elaine	Smiles
Elizabeth	Tony
Tammy	My health
Pauline	my job and family
Kanisha	my family
Tony	Family, my job and peace of mind
Dixie	my mother, my family
Jen	Good family
Lee	to be alive, to be able to eat and have my own mind
Kay	my health
Jackie	my children
Ralph	Life
Ed	For family, friends, life and all the world has to offer
Yolanda	Having good coworkers
Chaz	All the time I can spend with my family
Lisa	my health, my job, the air I breathe, my family
Belinda	my family, friends life, my job, my home
Heidi	the opportunity to wake up and be able to live my life
Cathy	my relationship with God and his gift of forgiveness, my health, my job, my family
Davisna	I am grateful for becoming a mother and being able to raise a King

Alzheimer's Disease Research Early Supporter of New Alzheimer's Blood Test

Tue, October 26, 2021

Northampton, MA --News Direct-- America's
Charities

There are 6 million Americans living with Alzheimer's disease today and by 2050, that number will reach over 12 million. This means it's likely to affect people we know, including our friends and loved ones. Alzheimer's Disease Research, a BrightFocus Foundation program, believes supporting scientists' bold ideas through research holds tremendous hope that one day, we will end this terrible disease. We have advanced innovative science since Alzheimer's Disease Research was founded by supporting over 795 projects involving more than 2,624 scientists. This work has led to better understanding of the causes and progression of Alzheimer's, improved diagnostic tools, and important preventive measures people can take to help reduce their risk of this disease.

[Once such diagnostic tool, rooted in key early funding from Alzheimer's Disease Research, has arrived with the introduction of C2N Diagnostics' PrecivityAD™ blood test.](#)

Researchers found that this test predicts Alzheimer's brain pathology in people with memory and other cognitive issues. While the test itself cannot diagnose Alzheimer's, it is an important new tool for physicians to aid in the evaluation process. This test does not involve any radiation and is noninvasive, requiring only a small blood sample. That sample is sent to C2N's laboratory for analysis by mass spectrometry, and a healthcare provider will discuss the results with a patient. These features make the test more accessible than other diagnostic methods that physicians use to evaluate issues with memory and other cognitive issues and could pave the way for earlier diagnosis and treatment and greater enrollment in clinical trials. "This is a scientific breakthrough with the potential to dramatically change Alzheimer's research and patient care now and into the future," said Stacy Pagos Haller, President of Alzheimer's Disease Research.

Honoring the Pink

Our residents made pins honoring those we know who had, and those we know who are, battling breast cancer, while our staff wore pink in their honor.

Meghan - Grandmother
Cathy - Sister-in-law
Merideth - Grandmother
Jim - Wife's best friends
Jasmine - Co-Worker
Helen - Close Friend
Makensie - Grandmother-in-law
Carrie - Sister-in-law

Ann - Mom and Grandmother
Connie - Mom
Belinda - Grandmother
Pauline - Close Friend
Carol - Grandmother
Gwen - Grandmother
Bernie - Childhood Friend
LaGranda - Cousin



And lastly, for all those not listed...



Holidays can be stressful but also deliver opportunities for our loved ones to talk about the good old days... homemade gravy at Thanksgiving, homemade decorations at Christmas.

Keeping an under scheduled calendar helps us have a better chance at unexpected moments of connection and joy.

Satori Support group will meet Nov.15th and Dec 6th. Call Anne at 779-537-1481 with any questions. Wishing you opportunities to create some more "good old days"

Anne Grindle
Coordinator of Services
Satori Pathway

We are proud of Anam's sister organization, Satori Pathway (Satori), for receiving the Illinois 2021 best practice award from the American Planning Association.

The award was for Satori's work with the city of Woodstock, IL and NIU's Center for Governmental Studies in the development 10,000 people in the US are turning age 65 every day for the next 10 years. This shift is also occurring in the Rockford area. This places new demands on city governments to assist seniors in the areas of housing, transportation, recreation, and social engagement. Satori is there to help guide the way. For more information about Satori, visit www.satoripathway.org.



FALL FESTIVAL AT ANAM

The winners of the scarecrow contest...



1st



2nd

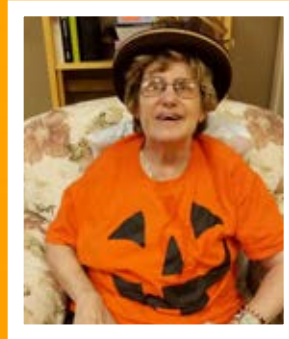


3rd



HALLOWEEN ON CAMPUS

PUMPKINS, PUMPKINS AND MORE PUMPKINS





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I asked an elderly man once what it was like to be old and to know the majority of his life was behind him. He told that he has been the same age his entire life. He said the voice inside his head had never aged. He has always been the same boy-his mother's son. He had always wondered when he would grow up and be an old man. He watched his body age and his faculties dull but the person he is inside never got tired, never aged and never changed.

Our spirits are eternal, our souls are forever. The next time you encounter an elderly person look at them and know they are still a child and children will always need love, attention and purpose.

-Blue Ridge Believers